

Althing Clinic

Behavioral Health Services



Althing Clinic is offering a variety of behavioral health services for **Anxiety and Depression, Substance Use and other Addictions, Post Traumatic Stress Disorder (PTSD), and other Mental Health Diagnoses.**

Our licensed professionals can see adolescents age 12 and older as well as adults and offer in-person and virtual visits.

All major insurances accepted and affordable self-pay options offered.



**Riverland College
- Health Commons - E12
1600 8th Ave NW, Austin, MN 55912**

Phone: 888-423-7247

www.myalthingclinic.com

Althing Clinic

Behavioral Health Services

Our service offerings include:

Trauma Informed Evaluations

Diagnostic Assessments

Cognitive Behavioral Therapy (CBT)

Accelerated Resolution Therapy (ART)

Dialectical Behavioral Therapy (DBT)

Substance Use Counseling

Individual and Group Sessions

Medication Management

Contact us today to learn more about additional services we offer.



Phone: 888-423-7247

www.myalthingclinic.com

Althing Clinic

Convenience Care - Primary Care - Lab - Vaccines - Corporate Health - Behavioral Health - Rejuvenation - Wellness