



Althing Clinic Training Services

Althing Clinic's training services are provided by licensed and experienced mental health professionals and designed to effectively engage different audiences ranging from adolescents, athletes, district staff, to corporate employees, community members, and more.

Participants receive the knowledge, skills, confidence, and tools to make an impact on mental health and/or substance use challenges.

What We Offer

Trainings & Workshops Tailored To Your Needs

We offer training services that fit your needs. From 45 min., 60 min or 90 min. presentations to half and full-day workshops.

Interested in Learning More?



Contact us today and learn more about the specific trainings we offer and acquire about pricing.

training@myalthingclinic.com



- Trauma-Informed Care 101
- Crisis and Suicide Intervention 101
- The Prevalence of Secondary Trauma in Helping Professions: How We Keep Ourselves Safe
- Common Mental Health Diagnoses in Adolescents and Adults
- Anxiety, Depression, and Grief in the Later Years
- Trauma, PTSD, and Complex PTSD
- Trauma Responsive De-Escalation Techniques
- Substance Use Addiction and Mental Health Comorbidity
- Grief and Grieving
- Race and Diversity, Equity, and Inclusion
- Coping Skills Trainings
- And More